

## **A Woman of Power**

# Do you know a professional woman who wants more visibility, power and impact at work?



### Who is it for?

<u>A Woman of Power</u> is suitable for any professional woman, whether they work for themselves or someone else. It's ideal for *you*, or a member of your team, a colleague or business partner. It's for women who want to learn how to stack the cards in **their** favour. Read testimonials <u>here</u> and <u>here</u>. The next workshop is on May 15th, 2014 at BG Futures, Lincoln.

### On the day they'll learn to:

- Improve communication skills
- Understand how they are perceived
- Get noticed and heard in meetings
- Use body language for maximum impact
- Have more presence physically
- > Understand the importance of building a network
- Manage self-doubt
- Become more visible in the workplace
- Identify what they do well, and plan to do more of it
- > Talk about their skills, talents and successes in a way that feels natural and comfortable
- > Overcome feelings of being a fraud or a fake (managing the Imposter Syndrome)
- > Have more influence with key colleagues, clients and customers

### To book your place:

Email sue@youtimecoaching.co.uk or call Sue on 0780 1502743 for more information.